

Attention all ACTRA members!

It gives me great pleasure to announce that Premier Fitness is offering all ACTRA members, family members and friends a 1 year **VIP Gold Membership** at 74% savings over regular pricing. The one year membership is offered at \$365 plus tax and is valid at 35 locations across Ontario. There are no other costs.

The **VIP Gold Membership** Includes the following Services and Features:

- All fitness classes, including: yoga, pilates, boot camp, aqua fit, etc.
- Personal Fitness Programs
- Strength training/ Free Weights
- Circuit training
- Cardio equipment, cardio theatre, mini TV's
- Basketball courts (where available)
- Free Parking
- Swimming Pool/Steam Room
- Sauna/Whirlpool (where available)
- Spacious Aerobics Studios
- Private Showers with amenities (Soap, Shampoo, Conditioner)
- Executive change rooms with full size lockers
- Private Women's Clubs
- \* Extra services available: boxing club, daycare, massage...Zerona now available, melt the fat away!

In addition to the great discount on memberships, Premier Fitness has created a **Body Transformation Program** specifically for our corporate clients to highlight the exceptional results achieved by having a personal coach and nutrition program. Using the science of exercise, personal coaching and nutrition, this program is designed to get you into the best shape of your life! Your trainer's job is to mould your body to an incredible end result. Your ultimate achievement is their business card.

The **Body Transformation Program** includes:

- 1 year gold membership (Access to all 35 locations)
- 24 "One-on-One" Personal Coaching Sessions with before and after pictures
- 12-Week Personalized Nutrition Program (12 one half hour consultation with a nutritionist)
- Quarterly goal reviews
- All Group Exercise Classes (yoga, pilates, spinning, boot camp, etc.)
- 6 Free Months for a family member or friend.

The total cost of this package is \$3,089.00. ACTRA members can now receive this program for only \$1,999.00 or \$90 bi-weekly.

**This is a highly discounted corporate membership and all enrollments must go through Matt at Corporate Head Office, not at individual clubs locations.**

For further information or enrollment, please contact:

Matt Murdock

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